

Seasonal

Fruit

Seeds

Hemp

Pumpkin

Sunflower

Chia

Flax

ask barista

Nuts

Cashews

Almonds

Misc

Granola

Cacao Nibs

Coconut Flakes

Almond Butter

Syrup

Honey

Chocolate Sauce

COFFEE			TEA		
+ an extra espresso shot for \$2.75	12oz	16oz	loose leaf tea. allow up to 5 min for brewing	12oz	16oz
Espresso Verve Sermon blend with notes of blueberry, cherry + dark chocolate	Doppio	3.50	Brewed Tea See our Tea Menu for full list	3.50	4.50
Pour Over Verve Buena Vista blend	4.25	4.75	Chai Latte steamed milk + our house chai	5.75	6.50
Cappuccino espresso + frothed milk	4.75	5.25	Spicy Chai Latte add extra chai	5.75	6.50
Latte espresso + steamed milk	5.25	5.75	Dirty Chai Latte add espresso	6.75	7.25
Mocha espresso + homemade cacao syrup + steamed milk	5.50	6.00	Matcha Latte stone ground whole green tea leaves + gently steamed milk	5.75	6.25
Americano espresso + hot water	3.50	4.25	STEAMERS	12oz	16oz
JUICES	12oz	16oz	Balance maca, cacao, milk	4.75	5.25
Heal hot water, ginger, lemon + raw honey (add turmeric + black pepper: +\$.25)	5.25	5.50	Golden Milk ghee, ginger, turmeric, black pepper, cinnamon + raw honey	6.00	6.50
Detox lemon, raw honey + cayenne pepper	4.25	4.75	Heartbeet Hot Chocolate homemade cacao syrup, beet, orange extract, cardamom + clove	6.00	6.50
Rejuvenate beet, lemon, ginger + apple	8.25	8.75	Spiced Apple Cider		
Soothe raw ginger juice shot + lemon or apple juice	1oz 2.50 2	oz 5.00	cold press apple cider, cinnamon, nutmeg, clove + ginger	4.50	4.75
CMOOTHUE DOWN O	,		SMOOTHIES	12oz	16oz
SMOOTHIE BOWLS (mixed berry base: apple juice, acai powder, banana, strawberry, blueberry, coconut cream)			Strength almond milk, banana, warrior food, raw cacao + almond butter	9.50	10.75
Joy mixed berry base, chia seeds, coconut flakes, goji berries, honey		11.50	Creativity banana, raw activated cashews, cardamom, cinnamon + almond milk	9.50	10.75
Wisdom mixed berry base, cashews, granola, coconut flakes, almond butter		11.50	Love ginger, raw honey, turmeric, black pepper, cinnamon, mango + almond milk	9.50	10.75
Presence mixed berry base, almonds, cacao nibs, coconut flakes, honey		11.50	Compassion mango, cherry, house chai, almond milk + cinnamon	9.50	10.75
Victory mixed berry base, granola, coconut flake	s, honey	11.50			
CREATE YOUR OWN			Homemade Non-Dairy Milks	1.50	
Choose your toppings (up to 5)			Almond Cashew Oat & Seed		

Boosters

Juiced Ginger

Organic Ghee

Maca Powder

Homemade Syrup

Raw Cacao

All For Here orders include 9.25% sales tax

Warrior Food (smoothies only) Almond Butter (smoothies only) 1.00 0.50 1.25 0.50 0.50

0.50

1 tbsp. 1 tbsp. 1/2 oz.

1 tsp.

1 tsp.

1 oz.

1 tbsp.