



MANDALA

TEA HOUSE

MILK OPTIONS

- Almond Milk**
organic raw almonds, filtered water
- Cashew Milk**
organic cashews, filtered water
- Organic Oat Milk**
- Organic Whole Milk**

SWEETENERS

Local Honey | Organic Agave |
Organic Maple Syrup | Coconut
Palm Sugar | Stevia

MTH SYRUPS

Add to any latte for **\$1.00**

- Seasonal Syrup**
ask your barista! availability varies
- Vanilla Bean**
vanilla bean paste, vanilla extract + agave
- Mocha**
raw cacao + coconut sugar

TEA

	12OZ	16OZ
Brewed Tea - Rishi Loose Leaf allow up to 7 min for brewing	4.75	5.25
Chai Latte steamed milk + our MTH Chai	7.50	8.00
Matcha Latte milk + stone ground green tea leaves	7.25	7.75
Vanilla Tea Latte milk, MTH Vanilla Bean Syrup, black tea, ghee + salt	7.00	7.50

COFFEE

	Doppio	4.00
Espresso Tico Coffee Roasters		
	12OZ	16OZ
Pour Over Tico Coffee Roasters	5.00	5.50
Cappuccino espresso + frothed milk	5.75	6.25
Latte espresso + steamed milk	6.50	7.00
Americano espresso + hot water	4.25	4.75

STEAMERS

	12OZ	16OZ
Golden Milk milk, ghee, ginger, turmeric, black pepper, cinnamon + honey	7.25	7.75
Heartbeet Hot Chocolate milk, MTH Mocha Syrup, cloves, cardamom, orange extract + beet juice	7.00	7.50
MTH Steamer milk + house-made MTH syrup	6.00	6.50

JUICES + TONICS

	12OZ	16OZ
Heal (hot or cold) ginger, lemon, turmeric, pepper + honey	6.50	7.00
Rejuvenate beet, lemon, ginger + apple	8.25	8.75
Invigorate ginger, lime, agave, nutmeg + cloves	6.50	7.00

SMOOTHIES

	12OZ	16OZ
Strength milk, banana, warrior food, raw cacao + almond butter	10.25	10.75
Love milk, ginger, honey, turmeric, black pepper, cinnamon, mango		
Stability milk, banana, matcha, MTH Vanilla Bean Syrup + coconut milk		

SMOOTHIE BOWLS

All smoothie bowls: **\$12.95**

- MTH Signature Bowl:**
mixed-berry base* with almond butter, coconut chips + granola
- Create Your Own Bowl:**
mixed-berry base* with your choice of 3 toppings

*mixed berry base: apple juice, acai powder, banana, strawberry, blueberry + coconut cream

BOOSTERS + TOPPINGS

\$1.00 each

Warrior Food	Sunflower Seeds
Almond Butter	Cashews
Organic Ghee	Almonds
Raw Cacao	Almond Butter
MTH Syrup	Goji Berries
Chia	Dates
Hemp	Granola
Flax	Cacao Nibs
Pumpkin Seeds	Coconut Flakes

All For Here orders include 9.25% sales tax